

BREAKFAST

SERVED ALL DAY - (WE USE 100% FREE RANGE EGGS)

The Big Breakfast 2 eggs, grilled mushroom, avocado, halloumi cheese, baked beans, sautéed tomatoes, steak, choice of juice.	68
Eggs any style Scrambled, fried or omelet.	32
Avocado on Toast Smashed and served with fresh chili	45
Grilled Halloumi Bagel With cucumber and fresh za'atar.	30
Breakfast Bowl Mixed quinoa, poached egg, avocado, tomato, halloumi, sautéed spinach, kale, falafel and kale pesto.	53
Greek Yoghurt Powerball Bowl Fresh greek yoghurt, dark chocolate shavings, pistachio, fresh orange and powerball mix (contains peanuts).	39
Avocado Garden Avocado, beetroot hummus, pistachio dust, sunflower seeds, poached egg and togarashi spice.	49
Shakshouka 2 baked eggs in a delicious tomato, red pepper and chili salsa.	43
Caramelized Onion and Goat Cheese Omelet Three egg omelet with caramelized onion, goat cheese and served with fresh kale.	43
Foul Moudamas Foul moudamas with olive oil, chopped onion, chopped tomato, parsley and arabic bread.	32
The Terwi-a Arabic breakfast platter with halloumi cheese, za'atar, foul, olives, tomatoes, cucumber, labneh, halawa and arabic bread.	58
French Toast (choose your topping) 1. Nutella, warm caramel sauce and powerball mix (contains peanuts) 2. Butterscotch bananas and sliced almond	43
Egg Sandwich One egg omelet with your choice of smoked turkey or turkey bacon, tomatoes, cheese, lettuce and mayonnaise.	30
Pancakes 6 stack with your choice of blueberry preserve, nutella or maple syrup.	41

PARTY PLATTER

Breakfast Box Serves 6 AED 130

Assorted bagels, banana bread, burritos and free coffee.

Sandwich Box Serves 6 AED 150

Assortment of super delicious bagels and wraps.

Specialty Breakfast Trays (Bagels and Wraps) Serves 6 AED 145

Hallawa & Nutella, halloumi, eggs, falafel, avocado and halloumi & jam.

Salad Selection Serves 6 AED 195

(served in a lovely big bowl or individual boxes)

Choose any of our fabulous healthy salads and we'll do the rest!
Lentil, falafel, caesar, italian chicken, crunchy noodle chicken, tuna or quinoa tabbouleh.

Triple Chocolate Box Serves 6 AED 82

Brownies, lazy cake and Oreo mousse.

Juices

Serves 6

Freshed pressed juices AED 82
Healthy smoothies AED 110 for every taste.

SANDWICHES

BAGEL, DARK RYE BREAD (OPEN SANDWICH), SOURDOUGH OR AS A WRAP - SERVED WITH YOUR CHOICE OF FRIES (SWEET POTATO OR REGULAR)

New York Salmon Smoked salmon, capers, red onion, cream cheese, lemon zest and iceberg lettuce.	49
Halloumi Sandwich With cucumber and fresh za'atar.	41
Brie Brie, sliced apple, walnuts, pesto, balsamic reduction and basil.	49
Turkey and Swiss Cheese Smoked turkey, swiss cheese, tomato, iceberg lettuce and mustard cream cheese.	45
Mozzarella Caprese Fresh buffalo mozzarella, tomato, fresh basil and pesto.	49
Chicken and Avocado Grilled chicken, avocado, tomato, iceberg lettuce and mayonnaise.	47
Tikka Tikka marinated grilled chicken, gherkins, sundried tomatoes, iceberg lettuce, red onion and aioli.	47
Falafel Falafel, gherkins, rocket and tahini.	41
Steak Grilled marinated steak, za'atar, caramelized onion, rocket and aioli.	62
Tuna Mayonnaise Tuna, mayonnaise, gherkins, fresh tomato and lettuce.	41

BURGER/SLIDERS

SERVED ON A POTATO BUN OR AS A 'NO BUN' BURGER AND YOUR CHOICE OF FRIES

Beef Burger Beef patty, iceberg lettuce, cheddar cheese, pickles, tomato jam, caramelized onion jam and mushroom sauce	62
Fried Chicken Burger Fried chicken, iceberg lettuce, tomato jam, pickles and spicy yoghurt sauce.	51

FRIES (REGULAR OR SWEET POTATO)

Parmesan and White Truffle Oil	30
Za'atar	26
Cajun	26
Chili con Carne	41

AVOCADO GARDEN

49

Avocado, beetroot hummus, pistachio dust, sunflower seeds, one poached egg and togarashi spice.

(VAT Included)

• VEGAN SECTION •

Cauliflower and BBQ Chickpea Flatbread Roasted cauliflower, spiced fried onion, BBQ chickpeas, avocado served on crisp brown arabic bread.	41
Brown Rice Noodles and Edamame Spicy peanut sauce, coriander, carrots, brown rice noodles, fresh green apple, sweet corn and edamame.	45
Pumpkin and Tomatillos with Roasted Almonds Roast pumpkin, tomatillos, almonds, coconut milk and mixed quinoa.	39
The Vegan Sandwich (served with sweet potato fries) Slow cooked mushrooms, tomatoes, italian parsley, white beans, garlic and chili.	56
Apple and Cinnamon Taco with Coconut Cream Homemade baked apple and cinnamon taco with fresh coconut cream.	26

SMALL PLATES

Edamame Seasoned japanese beans	14
Vegetarian Rice Rolls With satay sauce (contains peanuts).	17
Bagel Chips - Za'atar or cajun With your choice of labneh, beetroot hummus or guacamole.	26
Halloumi fries With herbed sour cream and homemade chili sauce.	35
Small Salad Tabbouleh, lentil, falafel, caesar or pumpkin.	17
Falafel Bites With tahini dip, tomato, gherkins and arabic bread.	26

BOWLS

Breakfast Bowl Mixed quinoa, poached egg, avocado, tomato, halloumi, sautéed spinach and kale, falafel and kale pesto.	53
Fried Chicken Fried chicken, asian slaw, jalapenos, avocado, fries and spicy yoghurt.	51
Tuna Poke Fresh tuna sashimi, mixed lettuce, avocado, cherry tomatoes, quinoa, coriander, basil and asian dressing.	72
Salmon Sashimi Fresh salmon sashimi, edamame, pickled ginger, hijiki, cucumber, avocado, black and white sesame seeds and iceberg lettuce.	66
Chili Con Carne Spicy beef, sour cream, cheese, avocado, steamed rice and coriander.	66

SOUP OF THE DAY Please ask your server

SUPER BOWL

51

Beetroot hummus, edamame, quinoa, cucumber, kale, falafel, avocado, roast pumpkin, cherry tomato, spinach, cajun bagel chips, fresh lime, sunflower seeds and served with honey soya dressing.

SALADS

ADD SEEDS FOR A CRUNCH : AED 6

Steak Salad	70
Romaine lettuce, rocca, grilled marinated steak, capsicums, potato, cherry tomato, white sesame seeds served with blue cheese dressing.	
Kale, Caramelized Pecan Nut And Goats Cheese Salad	55
Shredded kale, baby spinach, rocca, beetroot, goat cheese and caramelized pecan nuts.	
Lentil Salad	45
Lentils, cherry tomato, grilled zucchini, mint, feta cheese, roasted capsicums, raisins and mixed lettuce.	
Falafel Salad	47
Falafel, mixed lettuce, rocca, tomato, pickles and tahini.	
Mexican Chicken Salad	58
Chicken, chopped iceberg lettuce, guacamole, avocado, cherry tomato, corn, black beans, edamame, tomato salsa, cajun bagel chips and coriander.	
Quinoa Tabbouleh Salad	47
Quinoa, cherry tomato, parsley, spring onion and pomegranate seeds.	
Caesar Salad	45
Maple turkey bacon, bagel chips, shaved parmesan and romaine lettuce. (add chicken-AED14)	
Goat Cheese Salad	62
Goat cheese, cherry tomato, walnuts, mixed lettuce, rocca, pesto and balsamic reduction.	
Italian Salad	56
Grilled chicken, avocado, mixed lettuce, sliced almonds, tomatoes and olives.	
Crunchy Noodle Salad	49
Grilled chicken, crunchy noodles, sesame seeds, chopped red and chinese cabbage, sunflower seeds and toasted almonds.	
Family Salad	62
Mixed lettuce, grilled chicken, roast pumpkin, cherry tomato, beetroot and fresh buffalo mozzarella.	
Pumpkin Salad	56
Quinoa, roasted pumpkin, cherry tomato, pine nuts, beetroot, feta cheese and baby spinach.	
Tuna Poke	72
Fresh tuna sashimi, mixed lettuce, avocado, cherry tomatoes, quinoa, coriander, basil and asian dressing.	
Halloumi Salad	51
Quinoa tabbouleh, grilled halloumi and pomegranate with apple za'atar dressing.	
Tuna Salad	51
Preserved tuna, iceberg lettuce, avocado, cherry tomatoes and cucumber.	

SALMON SASHIMI

66

Fresh salmon sashimi, edamame, pickled ginger, hijiki, cucumber, avocado, black and white sesame seeds and iceberg lettuce.

POWER BITES

27 (FOR SIX)

Original AED 7

Oats, peanut butter, honey, dark chocolate, yellow raisins, sunflower seeds, flax seeds and coconut powder.

Super Power AED 7

Dry apricots, dates, pecans and white sesame seeds.

(VAT Included)

MAINS

Butter Chicken Curry	56
Curry served with rice, and cucumber yoghurt.	
Spicy Peri-peri Chicken	70
Flattened chicken breast, spicy peri- peri sauce and fries.	
Circle Style Shawarma	62
Spiced chicken served on a flatbread with pickles, hummus, tahini, arabic bread and your choice of regular or sweet potato fries.	
Salmon Teriyaki	79
Grilled salmon, teriyaki sauce, brown rice and fried leeks.	
Chicken Skewers	68
3 chicken skewers, fresh za'atar salad, saffron rice and cucumber yoghurt.	
Old Fashioned Macaroni and Cheese	47
Asparagus and Mushroom Risotto	72
Mushroom, asparagus, parmesan cheese and cream.	
Katsu Chicken Curry	59
Japanese style chicken curry, carrots and sticky rice.	
Thai Green Curry	70
Chicken, eggplant, zucchini, coconut curry served with quinoa.	
Walnut Chicken	62
Grilled chicken with a walnut and red capsicum sauce served with mixed quinoa and a fresh flatbread.	

ADD ONS

Avocado	7
Grilled halloumi	9
Chicken/Tikka	14
Smoked Salmon	24
Fresh Salmon	43
Fresh Tuna	43
Feta Cheese	7
Steak	38
Egg	8
Grilled Vegetables	19
Mozzarella	17
Seeds: flax, pumpkin, sunflower and chia	6

DESSERTS

Oreo Mousse	30
Lazy Cake	30
Chocolate covered biscuit cake with chocolate sauce.	
Four-Layer Chocolate Cake	30
Layered chocolate cake with chocolate shavings.	
Vanilla Fudge Butter Cream with Popcorn and Caramel	30
Layered vanilla cake with popcorn and caramel.	
Banana and Chocolate Bread	30
Salted Caramel And Chocolate Cake	30
Chocolate layered cake with salted caramel icing.	
Carrot Cake	30
Carrots, pineapple, walnuts and cream cheese icing.	
Triple Chocolate Brownies	30
Hazel nuts, dark Chocolate and caramel.	
GLUTEN FREE CHOCOLATE CAKE	30
Soft chocolate cake	

SMOOTHIES

(CHOOSE YOUR MILK - SOY, ALMOND, LOW FAT)

Banana Oat Fuel	28
Oat, banana, honey and cinnamon.	
Peanut Butter Boost	
Peanut butter, banana low fat yoghurt, almond milk and vanilla.	
Antioxidant	
Beetroot, lime, honey almond milk and berries.	
Chia Power	
Chia seeds, almond, berries, vanilla, honey and yoghurt.	
ABS	
Avocado, banana, spinach, dates coconut water and mint.	

FRESH JUICE

Mint Mojito: Mint, lime, juice, syrup and soda	24
Go Green: Apple, cucumber, celery and mint	
Kale Lemonade: Fresh kale, ginger apple & lemon juice	
Immune Boost: Carrot, ginger and orange	
Pineapple	
Orange	
Watermelon	
Lemon Mint	
Carrot	

WATER

Local Water (S)	7
Imported Still (L)	22
Sparkling (S/L)	15/22
Softdrinks	11

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